Rising Instinct*

MIDSUMMER EDITION





FREE PATTERN

Rising Instinct*

MIDSUMMER/EDITION

QUILT DESIGNED BY AGEstudio

mmer

FABRICS DESIGNED BY SHARON HOLLAND





Fabric A MID38313 CAMEO LAVENDERT



Fabric E MID38305 HARMONY DAYBREAK



Fabric B MID38306 DELICATE BALANCE DAHLIA



Fabric C MID38301 FLIGHT OF FANCY



Fabric D MID38312 HERBAL REMEDY



Fabric H MID38307 FLIGHTS OF FANCY FERN



PE-495 FIELD OF LAVANDER



Fabric F

MID38308

MIDSUMMER ARRAY

Fabric J DSE-721 CORAL ROSE

Fabric M

DSE-723

SUBTLE SAGE



Fabric **G**

MID38302

HARMONY EVENTIDE

Fabric K DSE-719 PINK POWDER





Fabric L







Fabric P MID38315 INTERWOVEN GRASS



Fabric Q PE-540 COCONUT M ILK



Fabric R (Binding) BINMID38 SUMMER BOUND



Backing MID38314 AUGUST REMEMBRANCE

Rising Instinct*

MIDSUMMER EDITION

FINISHED SIZE |73¹/2" × 73¹/2"

FABRIC REQUIREMENTS

Fabric A	MID38313	1⁄4 yd.
Fabric B	MID38306	⅔ yd.
Fabric C	MID38301	⅔ yd.
Fabric D	MID38312	⅔ yd.
Fabric E	MID38305	¾ yd.
Fabric F	MID38308	⅔ yd.
Fabric <mark>G</mark>	MID38302	3∕8 yd.
Fabric H	MID38307	1⁄4"yd.
Fabric	PE495	¹∕s yd.
Fabric J	DSE721	¹∕s yd.
Fabric <mark>K</mark>	DSE719	1⁄4 yd.
Fabric L	DSE736	1⁄4 yd.
Fabric M	DSE723	1⁄4 yd.
Fabric N	PE554	1⁄4 yd.
Fabric O	DSE732	⅓ yd.
Fabric P	DSE725	¹∕s yd.
Fabric Q	MID38315	3∕8 yd.
Fabric R	PE540	2¼ yd.
Fabric <mark>S</mark>	BINMID38	5∕8 yd.

BACKING FABRIC HRL48108 434" yds (Suggested)

BINDING FABRIC Fabric S BINMID38 % yd. (Included)

CUTTING DIRECTIONS

¹/₄" seam allowances are included. WOF means width of fabric.

Fabric A

• Cut 3 (three) 21/2" x WOF strips, then;

-Sub-cut into 4 (four) 21/2" x 61/2" rectangles.

4 (four) 21/2" x 41/2" rectangles,

8 (eight) 21/2" squares.

Fabric **B**

- Cut 4 (four) 21/2" x WOF strips, then:
 - -Sub-cut into 8 (eight) 2¹/₂" x 6¹/₂" rectangles,

8 (eight) 2¹/₂" x 4¹/₂" rectangles,

16 (sixteen) 2¹/₂" squares.

Fabric C

- Cut 5 (five) 2¹/₂" x WOF strips, then
 - -Sub-cut into 12 (twelve) 21/2" x 61/2" rectangles,

12 (twelve) 21/2" x 41/2" rectangles,

24 (twenty four) $2\frac{1}{2}$ " squares.

Fabric D

- Cut 5 (five) $2\frac{1}{2}$ " x WOF strips, then
 - -Sub-cut into 12 (twelve) 21/2" x 61/2" rectangles,

12 (twelve) 21/2" x 41/2" rectangles,

24 (twenty four) 2½" squares.

Fabric E

Cut 5 (five) 2¹/₂" x WOF strips, then

-Sub-cut into 12 (twelve) 21/2" x 61/2" rectangles,

12 (twelve) $2\frac{1}{2}$ " x $4\frac{1}{2}$ " rectangles,

24 (twenty four) 2¹/₂" squares.

Fabric F

- Cut 5 (five) $2\frac{1}{2}$ " x WOF strips, then
 - -Sub-cut into 12 (twelve) 21/2" x 61/2" rectangles,

12 (twelve) 21/2" x 41/2" rectangles,

24 (twenty four) 2¹/₂" squares.

Fabric G

- Cut 4 (four) 2½" x WOF strips, then;
 - -Sub-cut into 8 (eight) 2¹/₂" x 6¹/₂" strips.

8 (eight) 21/2" x 41/2" rectangle.

16 (sixteen) $2\frac{1}{2}$ " squares.

Fabric H

• Cut 2 (two) 2¹/₂" x WOF strips, then;

-Sub-cut into 4 (four) 21/2" x 61/2" strips,

4 (four) $2\frac{1}{2}$ " x $4\frac{1}{2}$ " rectangles,

8 (eight) 2¹/₂" squares.

Fabric I

• Cut 1 (one) 2½" x WOF strip, then;

-Sub-cut into 8 (eight) 21/2" squares.

Fabric J

Cut 1 (one) 2¹/₂" x WOF strip, then;
Sub-cut into 16 (sixteen) 2¹/₂" squares.

Fabric K

• Cut 2 (two) 2½" x WOF strips, then;

-Sub-cut into 24 (twenty four) $2\frac{1}{2}$ " squares.

Fabric L

Cut 2 (two) 2¹/₂" x WOF strips, then;

-Sub-cut into 24 (twenty four) $2\frac{1}{2}$ " squares.

Fabric M

Cut 2 (two) 2¹/₂" x WOF strips, then;
Sub-cut into 24 (twenty four) 2¹/₂" squares.

Fabric N

Cut 2 (two) 2½" x WOF strips, then;

-Sub-cut into 24 (twenty four) 21/2" squares.

Fabric O

• Cut 1 (one) 2¹/₂" x WOF strip, then;

-Sub-cut into 16 (sixteen) 2½" squares.

Fabric P

• Cut 1 (one) 21/2" x WOF strip, then;

-Sub-cut into 8 (eight) 2¹/₂" squares.

Fabric Q

• Cut 5 (five) 21/2" x WOF strips, then;

-Sub-cut into 72 (seventy two) 21/2" squares.

Fabric H

- Cut 34 (thirty four) 2¹/₂" x WOF strips, then;
 - -Sub-cut into 72 (seventy two) 2¹/₂" x 6¹/₂" strips.

72 (seventy two) $2\frac{1}{2}$ " x $4\frac{1}{2}$ " rectangles.

216 (two hundred and sixteen) 21/2"

squares.

Fabric Q

• Cut 8 (eight) 21/2" x WOF strips. (Binding)

CONSTRUCTION

Sew all rights sides together with $\frac{1}{4}$ " seam allowance.

- For the construction of this quilt top, you'll need to make a total of thirty six (36) blocks, there are 8 (eight) different fabric combinations.
- Follow the intructions below for the construction of Block #1, repeat the same instructions to make the rest of the blocks.
- For the construction of the blocks you'll need to construct Sections.
- Join 1 (one) 2¹/₂" square from fabric Q in betwen two (2) 2¹/₂" squares from fabric R to create RQR unit. Make 64 (sixty four) RQR units.
- Press and set aside.

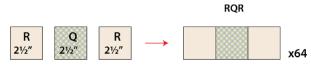
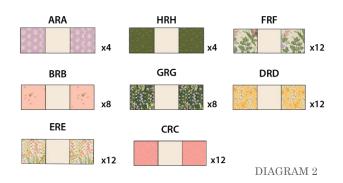


DIAGRAM 1

• Folowing the previous steps to make the following Section #1 combinations :



- Join 1 (one) 2¹/₂" x 4¹/₂" rectangle from fabric R and one (1) 2¹/₂" square from fabric I to create RI unit.
- Make 4 (four) RI units.

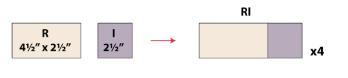
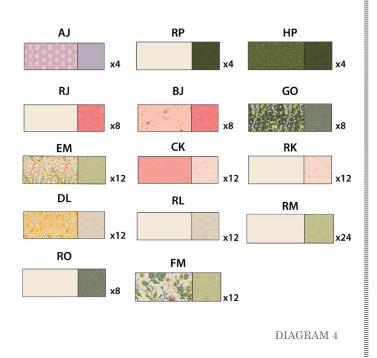


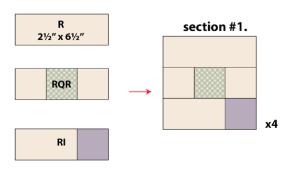
DIAGRAM 3

• Folowing the same steps to make the following combinations:



Section #1

- Join 1 (one) $2\frac{1}{2}$ " x $6\frac{1}{2}$ " rectangle from fabric R, 1 (one) RQR unit and 1 (one) RI right sides together.
- Make a total of 4 (four) section 1.



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Section #2

- Join 1 (one) 2½" x 6½" rectangle from fabric A, 1 (one) ARA unit and 1 (one) AJ right sides together.
- Make a total of 4 (four) section 2.

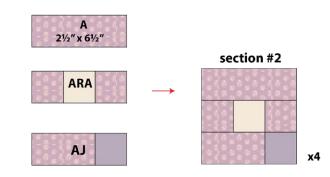
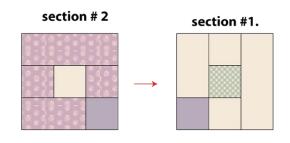


DIAGRAM 6

- For the construction of 1 (one) Block 1 join 1 (one) section #1 and 1 (one) section #2 right sides together to create Section #3.
- Make 2 (two) (S1-S2).



S1-S2

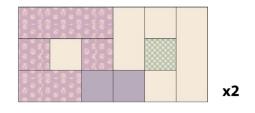


DIAGRAM 7

- Sew 2 (two) S1-S2 right sides together by fliping 1 (one) upside down to create Block 1
- Make two (2) Block 1

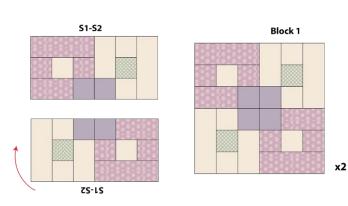


DIAGRAM 8

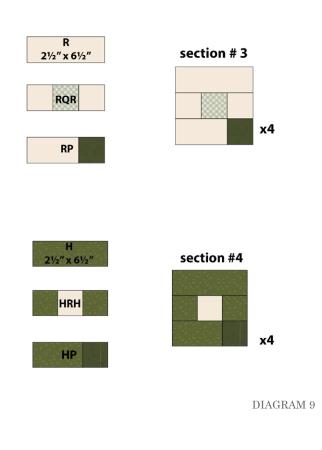
BLOCK 2

Section # 3:

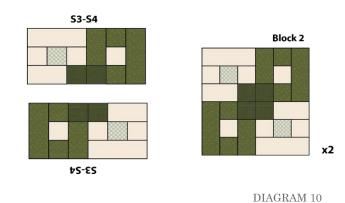
- Join 1 (one) 2¹/₂" x 6¹/₂" strip from fabric R, 1 (one) RQR unit and 1 (one) RP unit.
- Make a total of four (4) Section# 3.

Section # 4:

- Join 1 (one) 2¹/₂" x 6¹/₂" strip from fabric H, 1 (one) HRH unit and 1 (one) HP unit together.
- Make a total of four (4) Section #4.



- Followig the same steps to build Block 1, sew 2 (two) S3-S4 right sides together. Make sure to flip one of them to create Block 2.
- Make 2 (two) Block 2.



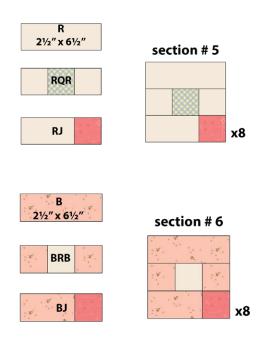
BLOCK 3:

Section #5

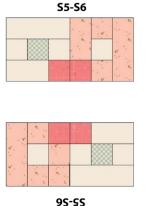
- Join 1 (one) 2½" x 6½" strip from fabric **R**, 1 (one) **RQR** unit and 1 (one) **RJ** unit.
- Make a total of 8 (eight) Section #5.

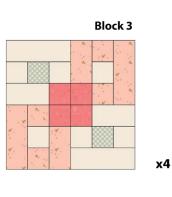
Section #6

- Join 1 (one) 2½" x 6½" strip from fabric **B**, 1 (one) **BRB** unit and 1 (one) **BJ** unit.
- Make a total of 8 (eight) Section # 6.



- Followig the same steps to build Block 1, sew 2 (two) S5-S6 right sides together. Make sure to flip one of them to create Block 3.
- Make four (4) Block 3.





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DIAGRAM 12

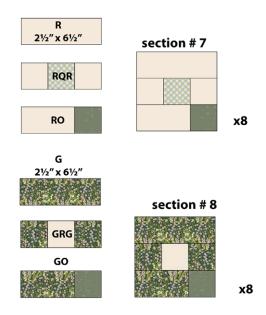
BLOCK 4

Section #7:

- Join 1 (one) 2½" x 6½" strip from fabric **R**, 1 (one) **RQR** unit and 1 (one) **RO** unit.
- Make a total of 8 (eight) Section #7.

Section #8:

- Join 1 (one) 2¹/₂" x 6¹/₂" stip from fabric G, 1 (one) GRG unit and 1 (one) GO unit.
- Make a total of 8 (eight) Section# 8.



- Followig the same steps to build Block 1, sew 2 (two) S7-S8 right sides together. Make sure to flip one of them to create Block 4.
- Make four (4) Block 4.

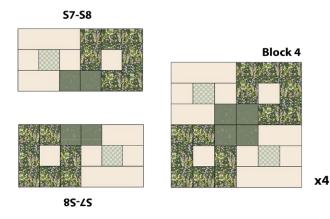


DIAGRAM 14

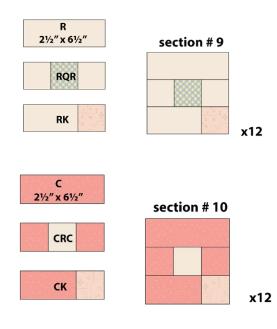
BLOCK 5

Section #9:

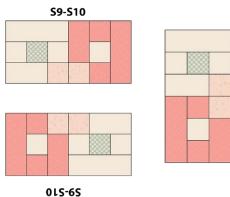
- Join 1 (one) 2½" x 6½" strip from fabric R, 1 (one) RQR unit and 1 (one) RK unit.
- Make a total of 12 (twelve) Section #9.

Section #10:

- Join 1 (one) 2½" x 6½" strip from fabric C, 1 (one) CRC unit and 1 (one) CK unit.
- Make a total of 12 (twelve) Section #10.



- Followig the same steps to build Block 1, sew 2 (two) S9-S10 right sides together. Make sure to flip one of them to create Block 5.
- Make 6 (six) Block 5.



Block 5

DIAGRAM 16

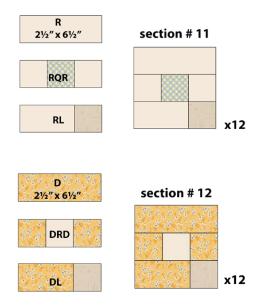
BLOCK 6:

Section #11:

- Join 1 (one) 2½" x 6½" strip from fabric **R**, 1 (one) **RQR** unit and 1 (one) **RL** unit.
- Make a total of 12 (twelve) Section# 11 .

Section # 12:

- Join 1 (one) 2¹/₂" x 6¹/₂" rectangle fromf abric D, 1 (one) DRD unit and 1 (one) DL unit.
- Make a total of 12 (twelve) Section #12.



- Followig the same steps to build Block 1, sew 2 (two) S11-S12 right sides together. Make sure to flip one of them to create Block 6.
- Make six (6) Block 6.

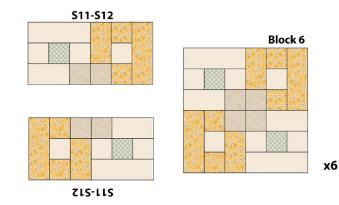


DIAGRAM 18

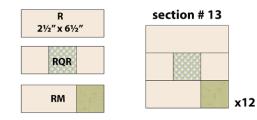
BLOCK 7:

Section #13:

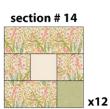
- Join 1 (one) 2¹/₂" x 6¹/₂ strip from fabric R, 1 (one) RQR unit and 1 (one) RM unit.
- Make a total of 12 (twelve) Section #13.

Section #14:

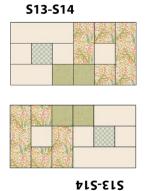
- Join 1 (one) 2½" x 6½" strip from fabric E, 1 (one) ERE unit and 1 (one) EM unit.
- Make a total of 12 (twelve) Section# 14.







- Followig the same steps to build Block 1, sew 2 (two) S13-S14 right sides together. Make sure to flip one of them to create Block 7.
- Make a toral of 6 (six) Block 7.



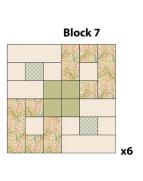


DIAGRAM 20

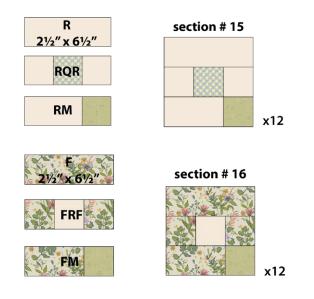
BLOCK 8:

Section #15:

- Join 1 (one) 2½" x 6½" strip from fabric **R**, 1 (one) **RQR** unit and 1 (one) **RM** unit.
- Make a total of 12 (twelve) Section #15.

Section #16:

- Join 1 (one) 2¹/₂" x 6¹/₂" strip from fabric F, 1 (one) FRF unit and 1 (one) FM unit.
- Make a total of 12 (twelve) Section# 16.



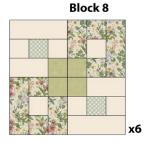
- Followig the same steps to build Block 1, sew 2 (two) S15-S16 right sides together. Make sure to flip one of them to create Block 8.
- Make six (6) Block 8.

S15-S16



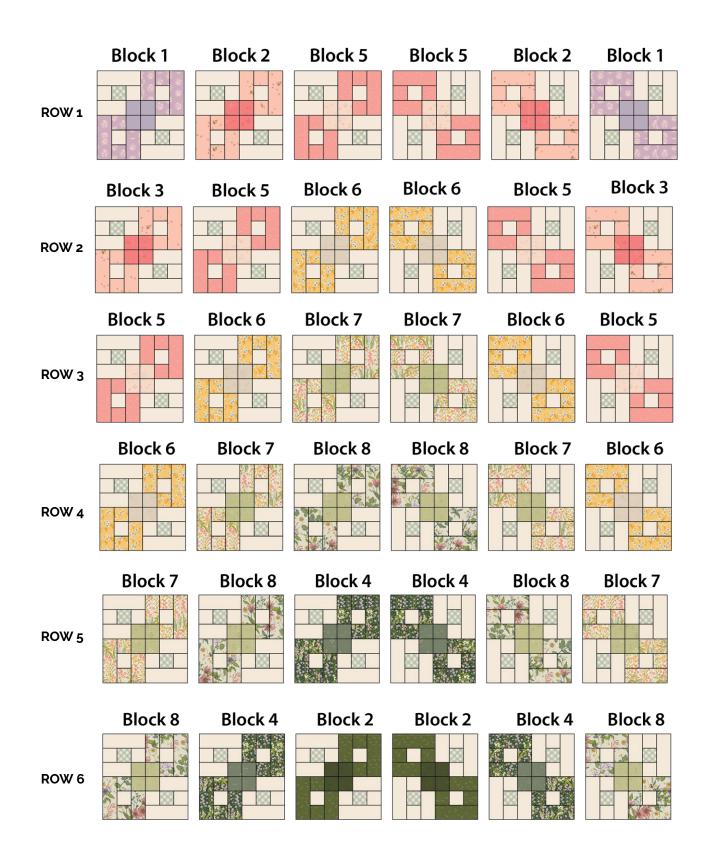


9LS-SLS



QUILT TOP

• You need to makes 6 (six) rows with 6 (six) blocks each for the construction of this quilt top.



• Attach the Rows together.

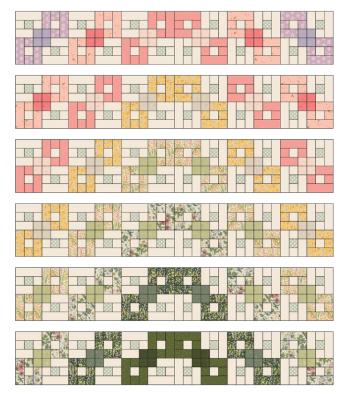
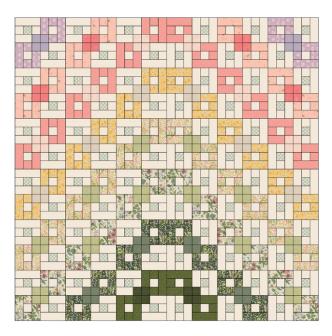


DIAGRAM 24

• The quilt top is ready.



QUILT ASSEMBLY

Sew rights sides together.

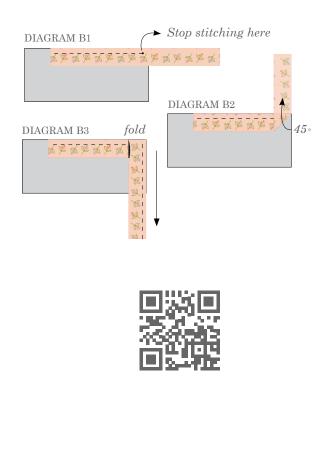
- Place BACKING FABRIC on a large surface wrong side up. Stretch it with masking tape against that surface.
- Place BATTING on top of backing fabric.
- Place TOP on top of the batting with right side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
- Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motifs are a matter of personal preference. Have fun choosing yours!
- After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.

BINDING

- Cut 8 (eight) 2½" wide by the width of the fabric S to make a final strip 304" long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5" tail. Sew with ¼" seam allowance (using straight stitch), aligning the strip's raw edge with the quilt top's raw edge.
- Stop stitching ¹/₄" before the edge of the quilt (DIAGRAM B 1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B3). Start sewing at ¹/₄" of the border, stitching all the layers. Do the same in the four corners of the quilt.

Sew rights sides together.

- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).
- Trim seam to ¼" and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.
- If you are using our 2.5 edition (binding fabric), click or scan this QR code to see a tutorial on how to use this specialty fabric.





/x/x % x x/x/x % x/x/x % x/x/x % x/x/x/x % x/x/x/x % x/x/x/x % x/x/x/x



artgalleryfabrics.com

NOTE: While all possible care has been taken to ensure the accuracy of this pattern, We are not responsible for printing errors or the way in which individual work varies.

Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.

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